

Avalanche **ADVENTURE** **RUN**

This multi-terrain run is set in 400 acres of Welland Valley countryside and will provide a test for every runner from fun runners to hardened campaigners.

This 10km course has been designed to exhilarate and challenge as it incorporates both natural and manmade obstacles.

Should you be up for the challenge, you will be tested to the limit as you try to overcome jumps, water hazards and a few nasty surprises.

One thing is for sure this race is not for your Sunday best as you will get wet and dirty!



An event
to keep your eye on!
RUNNERS
Runner's World Review
April 2011

Date: Sunday 5th February 2012

Time: 11.00am

**Venue: Wrongs Farm, Welford Road, Sibbertoft
Market Harborough, Leicestershire, LE16 9UJ**

WANT TO TAKE PART?

For more information
visit www.quest-events.co.uk
or call **07875 746125**

Quest
EVENTS